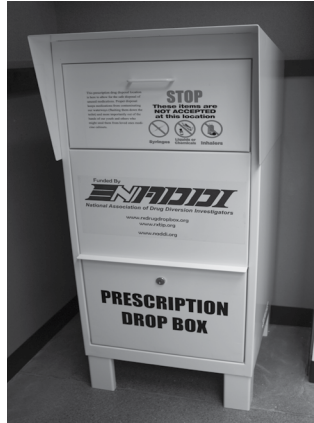


## Prescription Drug Drop Box Available at Kenmore Hall City

Kenmore, Washington – Residents of Kenmore and the surrounding cities, now have a free and easy way to properly dispose of their prescription drugs. Turning in expired or unused prescription drugs for disposal is the only secure and environmentally sound way to dispose of leftover medicines. The City of Kenmore has installed a prescription drug drop box in the lobby of City Hall, at 18120 68th Ave NE, Kenmore. Residents may drop off medication Monday through Friday from 9 a.m. to 5 p.m., excluding holidays, no questions asked. The drop box can not accept needles, fluids or inhalers.

Protect our kids, families, and environment. Unused or expired prescription medications are a public safety issue, leading to accidental poisoning, overdose, and abuse. Prescription drug abuse is the fastest-growing drug problem in the country. In Washington State, 11 percent of teens use prescription drugs for non-medical

reasons – a rate among the highest in the nation. Over half of teens abusing prescription drugs get them from a family member or friend, often without their knowledge.



Unwanted prescription drugs left in the home endanger our children, seniors and pets. Over half of the 37,000 calls to the Washington Poison Center in 2009 were for young children poisoned by medicines found at home. The elderly are also at risk of accidental poisonings and human medications are the leading cause of pet poisoning.

It's important to properly dispose of drugs. Unused prescription drugs thrown in the trash can be retrieved and abused or illegally sold.

Unused drugs that are flushed contaminate the water supply. Proper disposal of unused drugs saves lives and protects the environment.

If you have any questions, please contact the City of Kenmore at 425-398-8900 or [cityhall@kenmorewa.gov](mailto:cityhall@kenmorewa.gov). ♦

## Important Contact Numbers & Information

Northshore Utility District - Water & Sewer Services	
Finance, Operations & Emergency After Hours .....	425-398-4400
City of Kenmore .....	425-398-8900
Flooding/Storm Drainage After Hours.....	206-296-8100
Puget Sound Energy - Electricity, Gas & Street Lighting	
Outage and Repair.....	1-888-225-5773
King County Animal Control .....	206-296-PETS
Garbage Services .....	206-646-2492



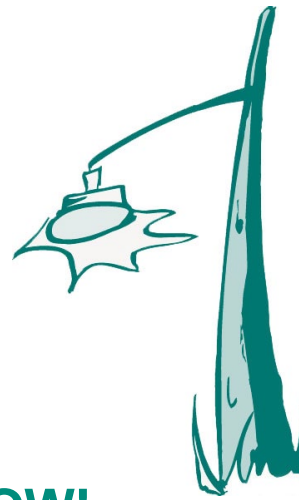
### Emergency Supplies:

- Landline telephone (cordless phones will not work if the power goes out)
- Alternative heating and power sources (DO NOT use grills, hibachis or generators inside your home or garage, out of concern for carbon monoxide poisoning)
- 3-day supply of nonperishable food and water
- Emergency lighting such as flashlights and candles

# Street Lighting Reminder

As the season changes and daylight becomes scarce, proper street lighting is important for your convenience and safety. Please take time to report burned-out or malfunctioning streetlights.

*Into Light* (a subsidiary of Puget Sound Energy) maintains most streetlights in the District. Each light standard has an identifying pole number at eye-level or slightly higher. To report a malfunctioning streetlight, please call 1-888- 225-5773. If you do not know the pole number, a street address will help. ♦



## It's Time To Winterize. . . NOW!

Don't let winter weather catch you unprepared. Prevent the expense and inconvenience of frozen pipes by taking a few simple steps now.

### Insulate Exposed Pipes and Faucets

Outdoor faucets and pipes, and pipes in unheated garages and crawl spaces are the most vulnerable in freezing weather. Hardware stores have good insulation materials available that will protect pipes from freezing.

### Locate Your Main Shut-Off Valve

Don't wait for an emergency. Find your main shut-off valve now and test it! If a pipe breaks, you can stop excessive water loss and flooding by turning off your main shut-off valve. It is commonly located in the basement, garage, or outdoors by the foundation, often near the front faucet. Test the valve by turning the handle to be sure it's working properly and identify it with a tag. If a main shut-off valve does not exist, you might consider having one installed by a plumber.

### Disconnect and Drain Outdoor Hoses

Detaching the hose could keep your hose bibs and pipes from freezing. Also, insulators that go over your hose bib will prevent freezing during long cold spells. They can be purchased at any

hardware store.

### Winterize Your Vacant House

If you plan on leaving your house for several days, take some extra steps to protect pipes from freezing. Turn off the main shut-off valve and contact your gas or electric utilities to see if you should turn off the electricity or gas to the water heater. If the house is going to be vacant for an extended length of time, the water heater should also be drained. It is also a good idea to flush toilets once (to drain the tank but not the bowl), open indoor and outdoor faucets to drain pipes, and to leave your heat on at a minimum temperature setting.

### If Your Pipes Do Freeze or Break

Immediately close the main shut-off valve to stop excessive flooding. Thaw frozen pipes and faucets by wrapping them with rags and pouring hot water over the rags until the water is flowing again. After thawing, remove the wet rags and wrap the pipes with dry insulation to prevent refreezing. *Never* use an open flame or electric device to thaw a frozen pipe - this could cause a fire or electric shock. Any pipe broken during the freeze may start leaking after thawing. ♦

Northshore  
Utility District  
Board of  
Commissioners:

Robert Peterson  
President

Don Ellis  
Secretary

Bruce Gardiner  
Commissioner

Trudy Rolla  
Commissioner

Margaret Wiggins  
Commissioner

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Board of  
Commissioner  
Meetings  
are held at the  
District Office  
on the  
first and third  
Monday of each  
month at 5:30 p.m.,  
except Holidays.

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District Office  
P.O. Box 82489  
6830 NE 185<sup>th</sup> St.  
Kenmore, WA 98028

P. 425.398.4400  
F. 425.398.4430

[www.nud.net](http://www.nud.net)

*The Commissioners and Staff of  
Northshore Utility District  
Wish You and Your Family a  
Safe, Healthy and  
Happy Holiday Season!*

